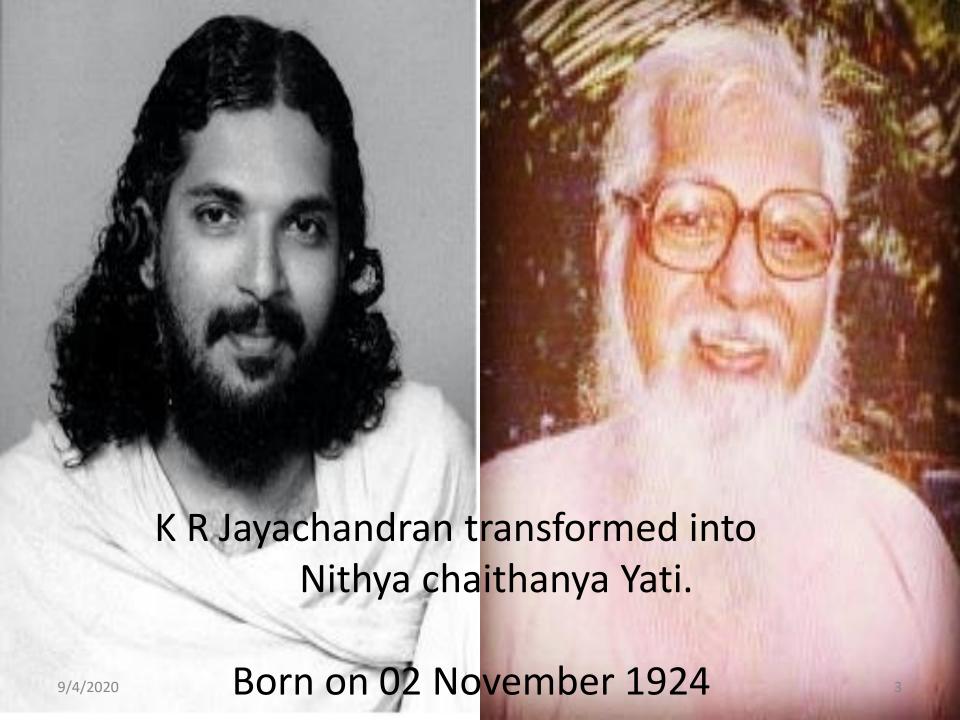
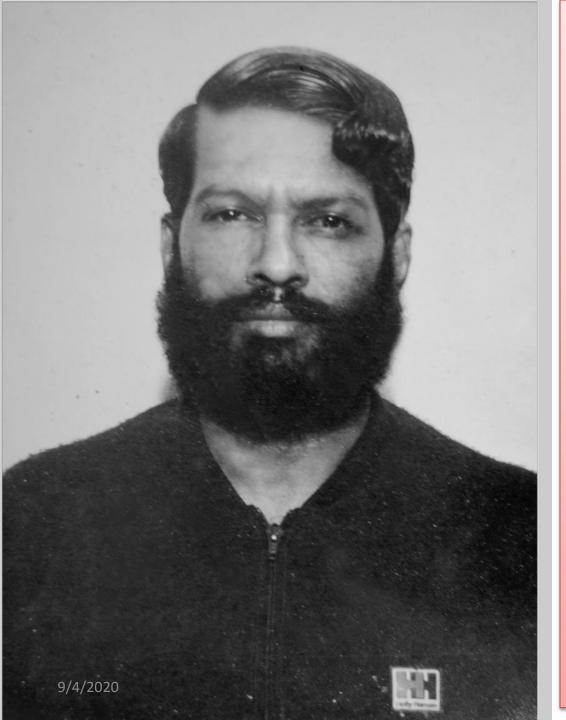


Life is the sum total of experience gained by an individual from birth to death. Accordingly man comes in contact with the world of object and ekes out himself for pleasure or pain ,joy or sorrow and failure or success. His reactions are dependent upon the quality and texture of his mind and intellect equipment. There is an infinite variety in the texture and composition of equipment varying from individual to individual. Thus the world provides different and distinct visions according to the equipment of the ndividual who projects them.





Colonel P Ganesan, while serving as Commanding
Officer 4 Engineer Regiment
(1984-87) was selected and appointed as Station
Commander, Indian Antarctic Research Station "Dakshin gangotri"

and "Leader ,India's 5 th winter team " to Antarctica.

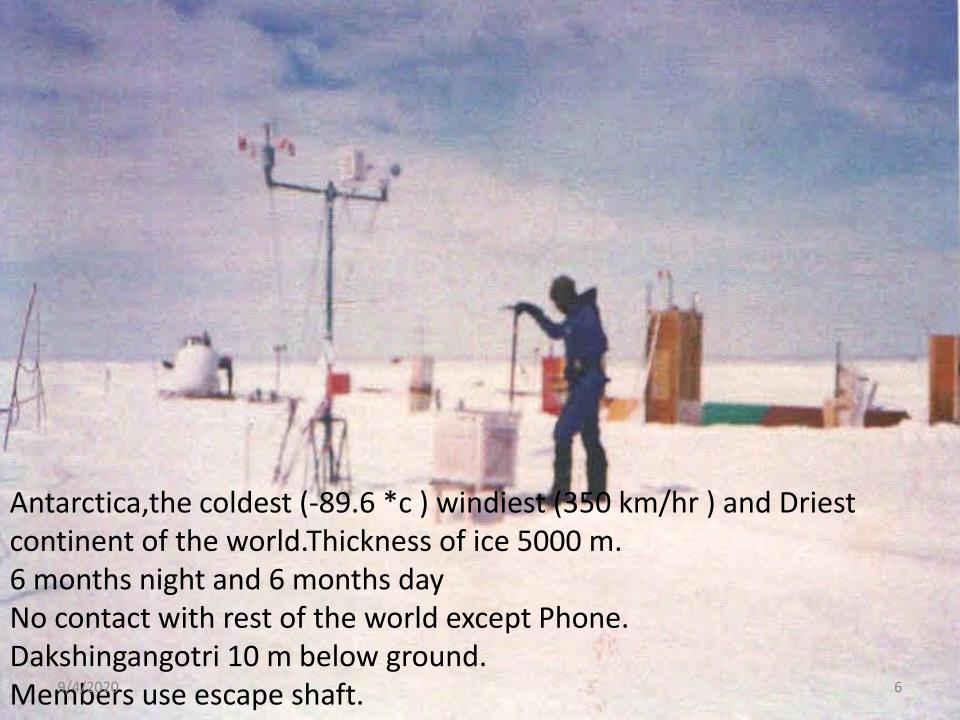
A philosopher, Soldier, Sports man & Humanitarian.

His understanding of "Athma upadesa sathakam"

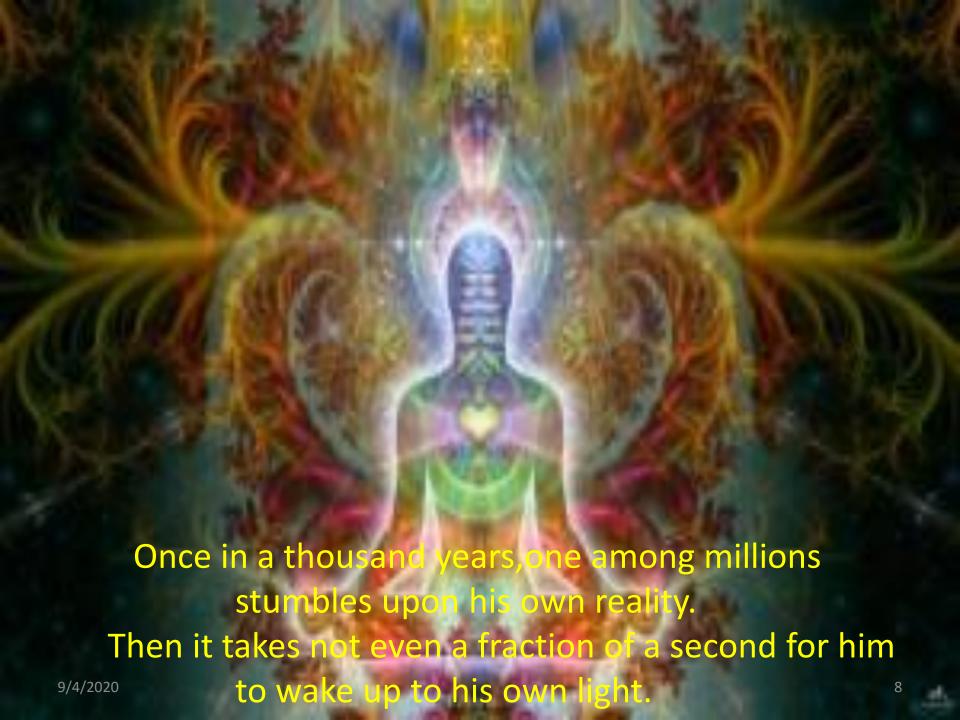
Heaven and hell are to a great extent our own creation,

and it is not so much the stimulus that determines the response but rather through conditioning, selectivity, in tention and degree of clarity,

it is our inner state that determines the interpretation given to the stimulus.

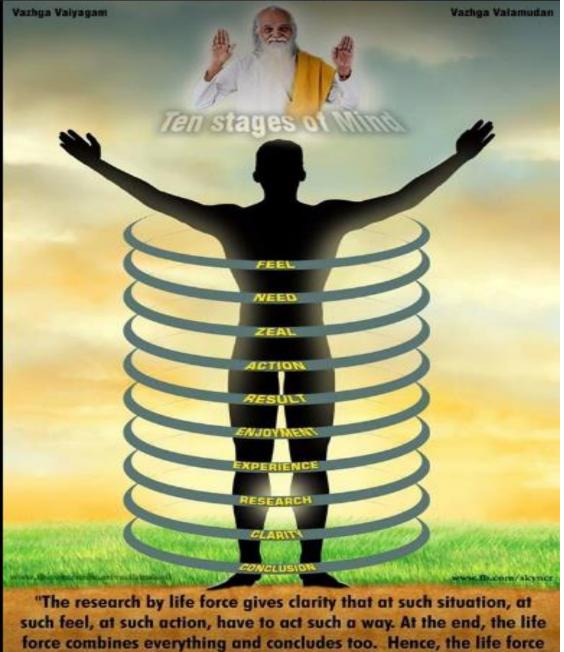






We can stretch our immagination to millions of years ahead or backwards in a fraction of a second





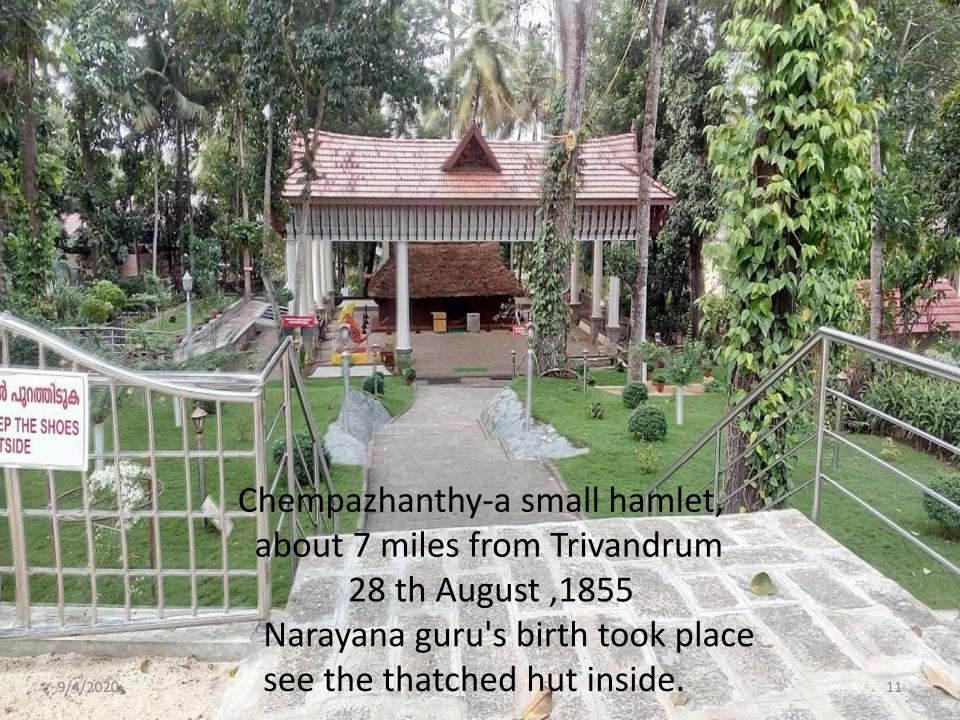
itself is projected in ten stages as Feel, Need, Zeal, Action, Result,

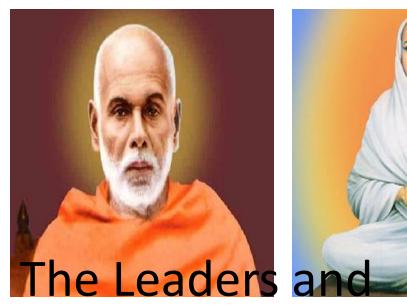
The **mind** is a set of cognitive faculties including consciousness, perception, thinking, judgement, language and memory. It is usually defined as the faculty of an entity's thoughts and consciousness. ... Older viewpoints included dualism and idealism, which considered the mind somehow nonphysical. Theory of

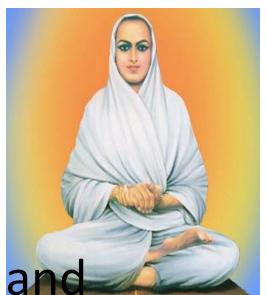
mind · Philosophy of

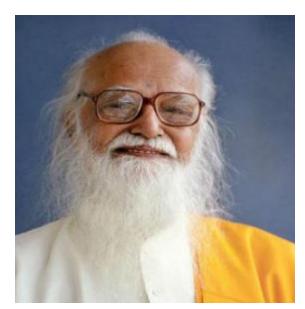
mind · Modularity of

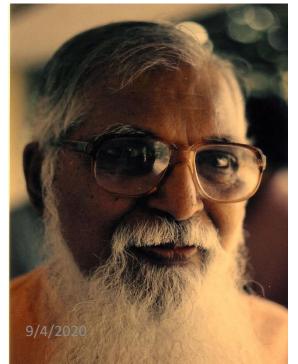
mind · Unconscious mind





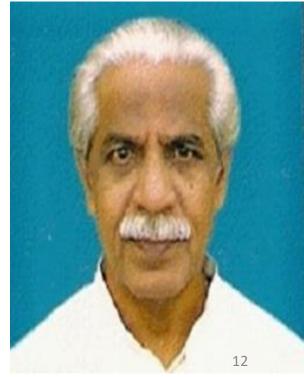














Dr T Jayaraman, Central university, Tiruvarur, with his post graduate students.







The Cosmic Library where knowledge breeds Knowledge

## Free Buttermilk to Public



The imperfect will become perfect, danger good luck, the inauspicious auspicious by association with holy men.

For those who have bathed in the Ganges of fellowship
With such realised souls, religious oblations, sacrifice, penance, alms giving, bathing in sacred rivers, are all unnecessary.

Seek therefore, by all means the company of the good and wise, which is a boat to carry one across the ocean of birth and death.

9/4/2020

"What man sees in front of him is not the world, but verily God. But, out of his ignorance, he fails to understand this truth and tries to search for God in the external world. All that you find before you are verily the forms of God. Though you see God right before your eyes, you think you are yet to find Him. How foolish it is! When you develop the firm faith that all are the embodiments of God, you will certainly find Him in everyone.

Sarvata panipadam tat sarvathokshi siromukham, Sarvata sruthimalloke sarvamavruthya tishthati (with hands, feet, eyes, head, mouth and ears pervading everything, He permeates the entire universe). There is nothing in this world which is not the manifestation of God. What is the form of God? Daivam manusha rupena (God manifests in human form). But man is getting deluded by his physical form and considers himself to be a mere mortal. All that we see is the form of God. He is the embodiment of bliss." Sai Baba (Discourse March 16, 2003)











## The Triple Births of a Soul

First birth in the body of father

Third birth in one's own body

Second birth in the body of mother



## THANK YOU FOR WATCHING!

