



The Triple Births of a Soul

First birth in the body of father

Third birth in one's own body

Second birth in the body of mother

Once in thousand years ,one among millions stumbles upon his own reality.

Then it takes not even a fraction of a second for him to wake up to his own light.

Look at these people;

- a)Prince Sidhartha
- b) Young man from Nazarath
- c)The man from Arabia
- d)Battle field of Kurukshetra
- e) Illeterate Ramakrishna
- f) Venkatraman of Thiruchuzhi
- g)Saint Ramalingam
- h) Narayana guru
- j) You and me.











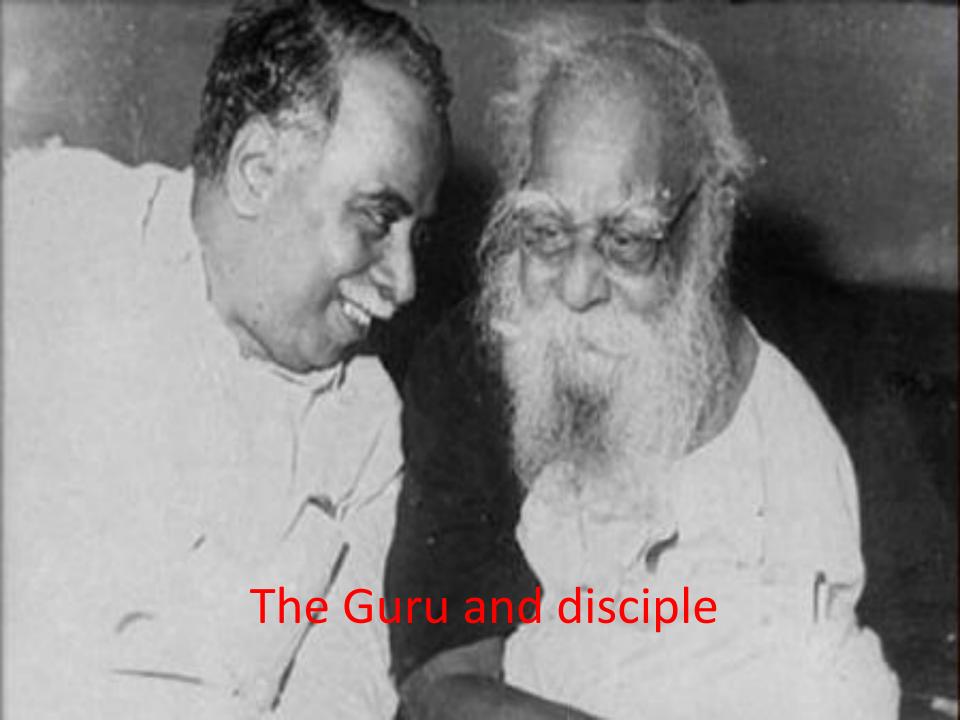


Do not restrict child hood activities.

Go all out and learn where your interest lies.





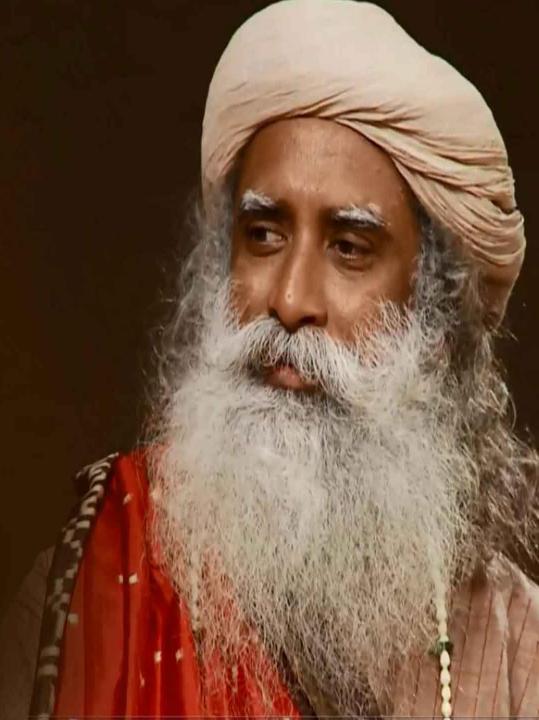




"My philosophy is: It's none of my business what people say of me and think of me. I am what I am and I do what I do. I expect nothing and accept everything. And it makes life so much easier."

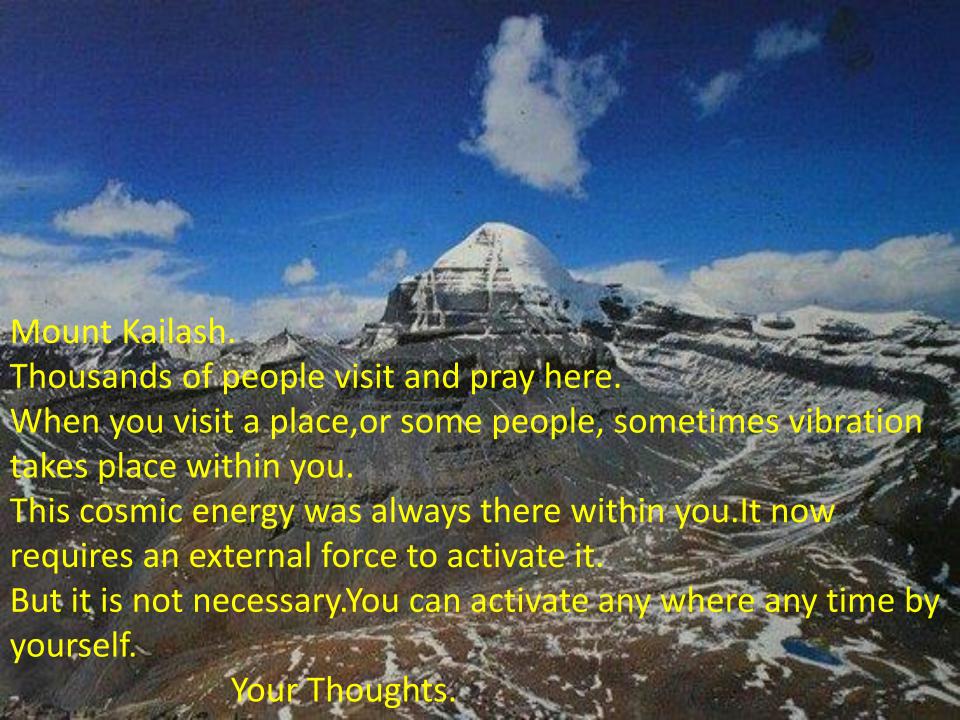
~ Sir Anthony Hopkins

Aum, Amen, Ameen -One & the Same











Nick Vujicic is an evangelist who has shared his message of hope to over 6 million people in 57 countries.

He shares how his faith, which is rooted in the Cosmic Force changed his life forever!
He is the Founder, President and CEO of Life Without Limbs, a non-profit organization whose mission is to share the Good News of Cosmic Force through Nick's own life.

He has writen 10 bokks.

One of the book is translated into 30 languages.

He is married and they have four children.



Whether your life is happy or not is your own choice. Many people think I can't live a normal life because I don't have arms or legs. I could choose to believe that and give up trying. I could stay at home and wait for others to take care of me. Instead, I choose to believe that I can do anything, and I always try to do things my own way. I choose to be happy. I am happy because I am always thankful.





Ganesan was India's Antarctic research station,

Dakshingangotri commander during 1987-89.

His performance as 5 th wintering Leader was outstanding .But he did not spare any failure by Govt Departmental heads.

His blunt and straight approach was not appreciated.

Because of this his service at Antarctica was not recognised for 4 years.

The retired Engineer in Chief opened their eyes.

See the last para of this letter.

Lt Gen PS Roy, AVSM



C-2035 Vasant Kunj New Delhi-70

17 Dec 93

- I would like to bring to your notice a case of grave injustice being done to an officer who was recommended for an award, but not approved by the erstwhile Screening Committee.
- 2. As you are the Chairman of the current Screening Committee for Awards, I thought it is my moral duty to bring to your notice the case of IC-21773 Col P Ganeshan of Corps of Engineers. Col Ganeshan was selected by me, when I was the Ein-C, to be the leader of the Antartica Expedition both for summer and winter parties. This officer stayed on for the full winter carrying out various tasks assigned to him by the Department of Ocean Development under adverse and isolated conditions. Apart from this, I had given him number of combat engineer tasks which he performed extremely well. He is also the first person, most probably in the world, who did para sailing in the Antarctica.
- 3. Since I had retired as E-in-C, I had taken the opportunity of having him recommended for an award by my successor Lt Gen YP Khurana, PVSM. Unfortunately due to procedural problems, his case was not considered as A rmy HQ wanted the recommendation to be processed by the Min of Science & Technology. This year also his case has been recommended by the present E-in-C, Lt Gen VN Kapur, PVSM, but I am not sure whether it will be considered because of being time barred. I would like to mention that the officers of Navy & Air Force, who have only served in the summer team and stayed there for three months, have all received awards, whereas Col Ganeshan having spent over 18 months has yet to get an award.
- 4. Since this will be his last chance, as he is retiring by the middle of next year, I would strongly recommend that the officer be given his due recognition by conferring an award on him otherwise it will be a grave travesty of justice being done. In case the officer has not been recommended, I would request that I may be given an opportunity to explain the case to you in person, as time is very short before the list is finalized.

Lt Gen Surinder Nath, PVSM, AVSM, ADC Vice Chief of the Army Staff 196/SB Army HQ, New Delhi

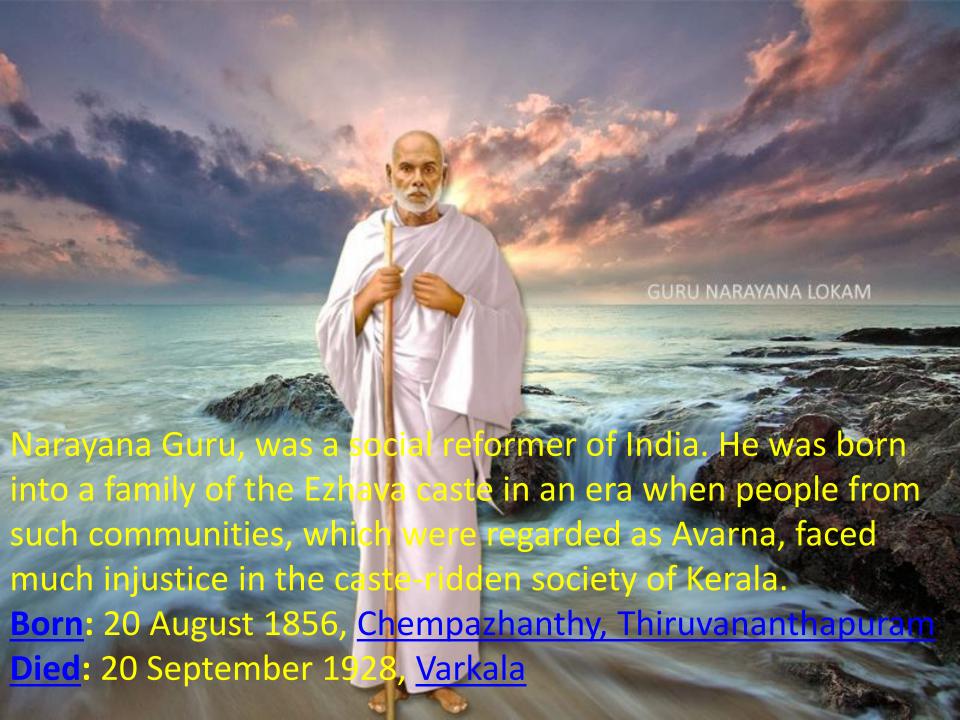
Copy to:-

General BC Joshi, PVSM, AVSM, ADC Chief of the Army Staff New Delhi

N 0 0 Col P Ganesan ACE, Madras Zone, Madras COMMITTON 22/12

Keeping friger crossed











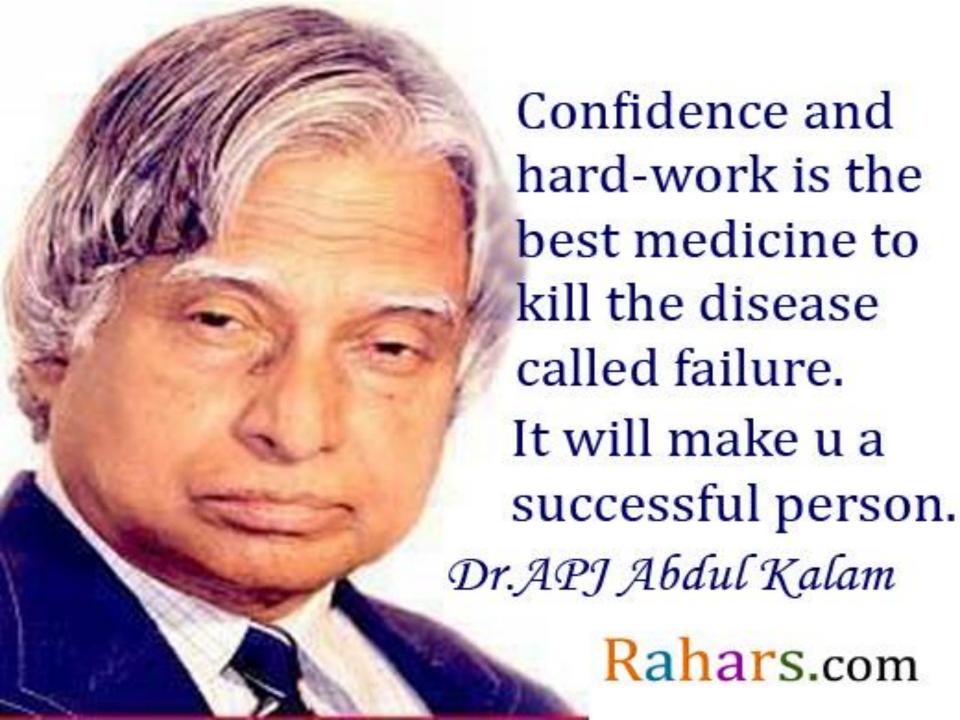
Ganesan had a rational mind, love for poetry, and patriotic.

This lead him to spritual world both in Tamil and English.He studied Thiruvaachakam, thiru Arutpa, sivagna anabotham and Athma upadesa sathakam at very young age. He visited the jeeva samathi of great saints and scolars.

Here Ganesan and his wife are at Sivagiri, Naraayanaguru samadhi

Life is the sum total of experience gained by an individual from birth to death Accordingly man comes in contact with the world of object and ekes out himself for pleasure or pain ,joy or sorrow and failure or success His reactions are dependent upon the quality and texture of his mind and intellect equipment. There is an infinite variety in the texture and composition of equipment varying from individual to individual.

Thus the world provides different and distinct visions according to the equipment of the ndividua who projects them.



"As I walked out the door toward the gate that would lead to my freedom, I knew if I didn't leave my bitterness and hatred behind, I'd still be in prison."

Nelson Mandela





Nelson Rolihlahla Mandela (July 18, 1918 to December 5, 2013) was a nonviolence anti-apartheid activist, politician and philanthropist who became South Africa's first black president from 1994 to 1999. Becoming actively involved in the anti-apartheid movement in his 20s, Mandela joined the African National Congress in 1942. For 20 years, he directed a campaign of peaceful, nonviolent defiance against the South African government and its racist policies. Beginning in 1962, Mandela spent 27 years in prison for political offenses. In 1993, Mandela and South African President F.W. de Klerk were jointly awarded the Nobel Peace Prize for their efforts to dismantle the country's apartheid system. For generations to come, Nelson Mandela will continue to be a source of inspiration for civil rights activists worldwide.

**Destroying any nation does not require the use of atomic bombs or the use of long range missiles. _It only requires lowering the quality of education and allowing cheating in the examinations by the students._"* Patients die at the hands of such doctors. Buildings collapse at the hands of such engineers. Money is lost at the hands of such economists & accountants. Humanity dies at the hands of such religious scholars. Justice is lost at the hands of such judges... "The collapse of education is the collapse of the nation."

Source:- Written at the entrance gate of UNISA, South Africa



Your success is measured by the strength of your desire; the size of your dream; and how you handle disappointment along the way.

Knowing others is intelligence.
Knowing yourself is true wisdom.
Mastering others is strength.
Mastering yourself is true power.
-- Lao Tzu

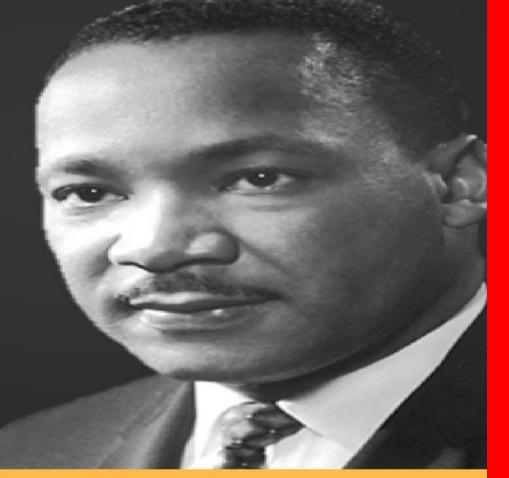
sourcesofinsight.com

"Winning is a habit. Watch your thoughts, they become your beliefs. Watch your beliefs, they become your words. Watch your words, they become your actions. Watch your actions, they become your habits. Watch your habits, they become your character."

-Vince Lombardi

If a man is called a streetsweeper, he should sweep streets even as Michelangelo painted, or Beethoven composed music, or Shakespeare wrote poetry.

He should sweep streets so well that all the hosts of heaven and Earth will pause to say, Here lived a great streetsweeper who did his job well. 🔿



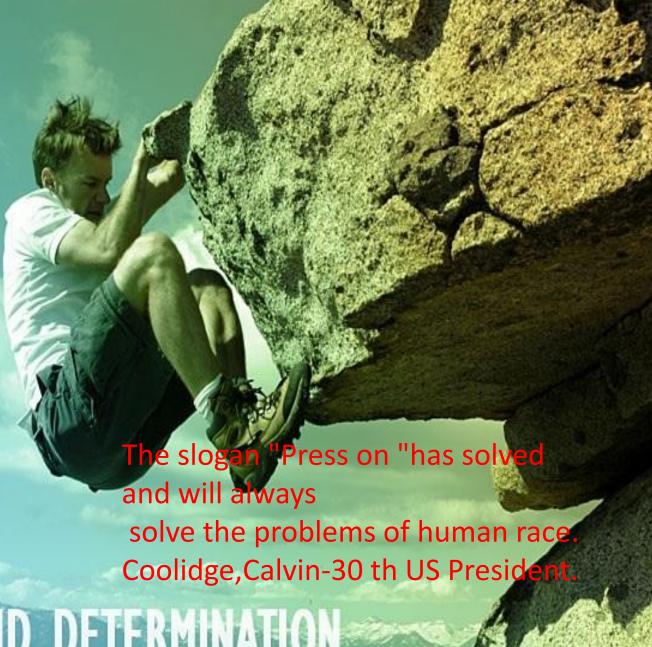
Martin Luther King Jr.

NOTHING IN THE WORLD CAN TAKE THE PLACE OF PERSISTENCE.

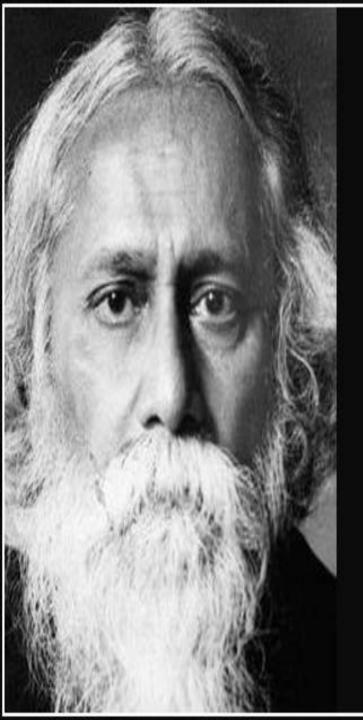
TALENT WILL NOT; NOTHING IS MORE COMMON THAN UNSUCCESSFUL MEN WITH TALENT.

GENIUS WILL NOT; UNREWARDED GENIUS IS ALMOST A PROVERB.

EDUCATION WILL NOT; THE WORLD IS FULL OF **EDUCATED DERELICTS.**



PERSISTENCE AND DETERMINATION ALONE ARE OMNIPOTENT. CALVIN COOLIDGE

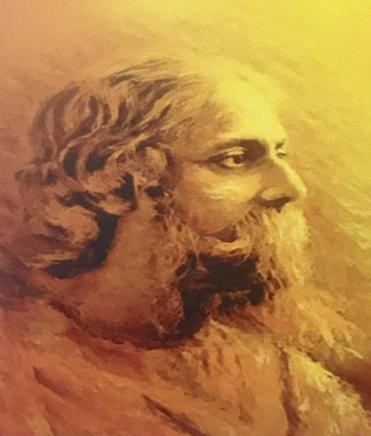


A teacher can never truly teach unless he is still learning himself. A lamp can never light another lamp unless it continues to burn its own flame. The teacher who has come to the end of his subject, who has no living traffic with his knowledge but merely repeats his lesson to his students, can only load their minds, he cannot quicken them.

— Rabindranath Tagore —

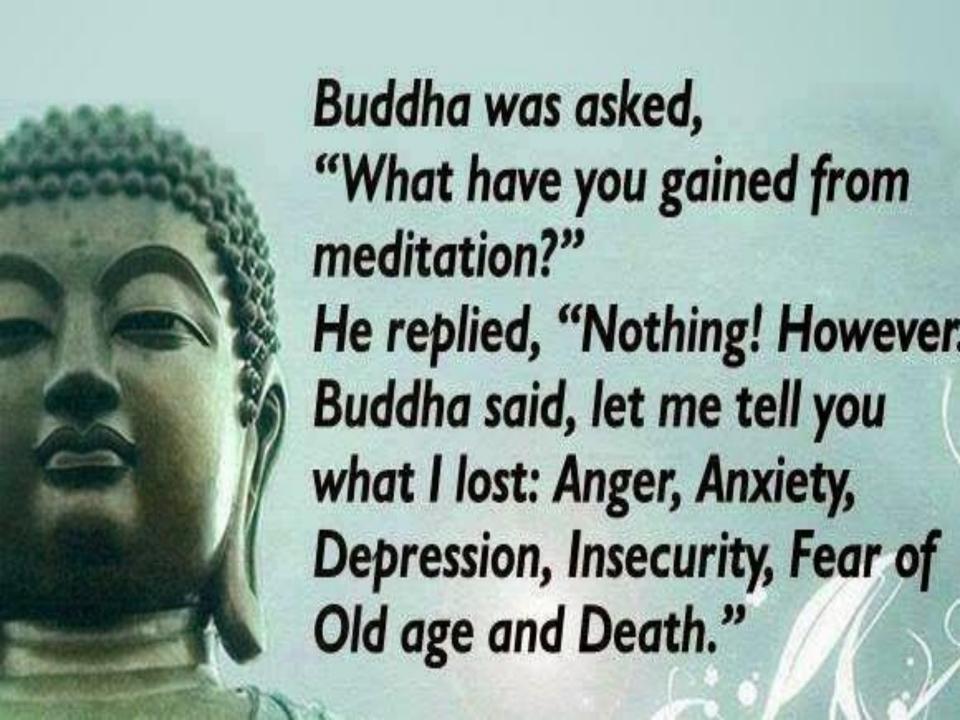
AZ QUOTES

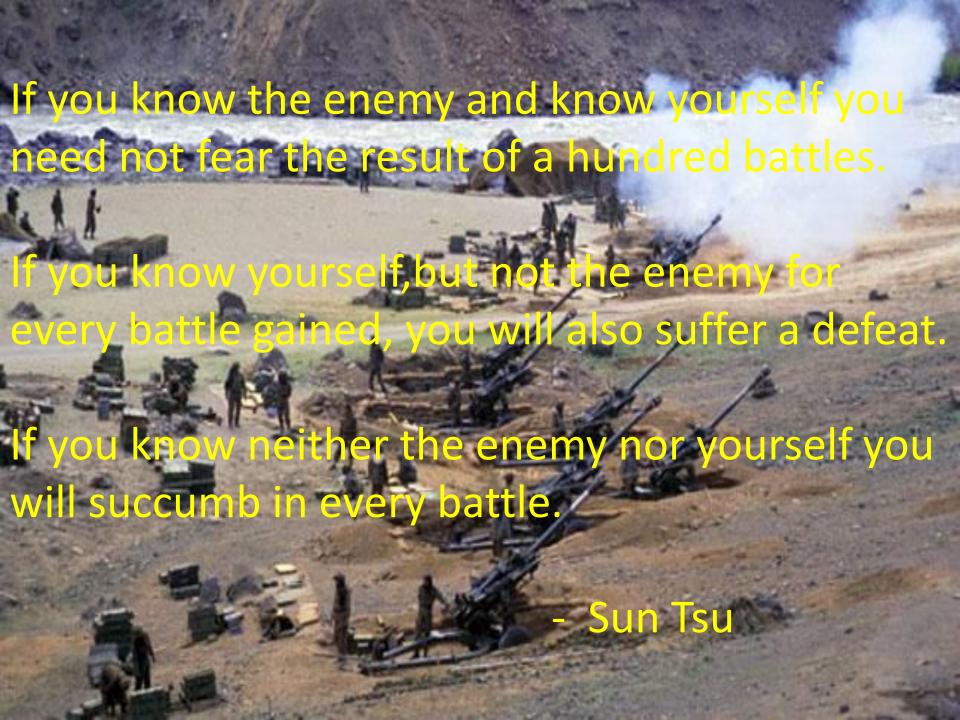
WHERE THE MIND IS WITHOUT FEAR...

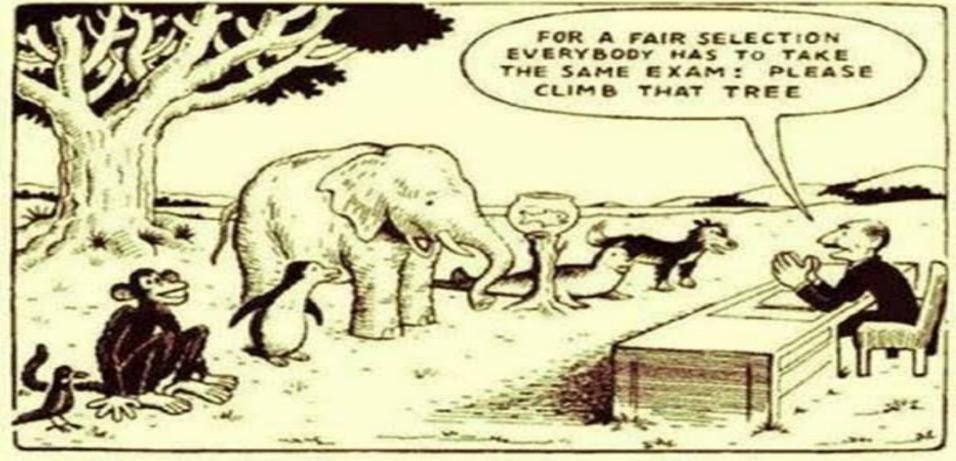


And the head is held high Where knowledge is free Where the world has not broken up into fragments by narrow domestic walls Where words come out from the depth of truth & tireless striving stretches towards perfection, the clear stream of reason hasn't lost its way into dreary sand of dead habit Where the mind is led forward by thee into ever widening thought and action into that heaven of freedom, My father let my country awake.

- Rabindranath Tagore



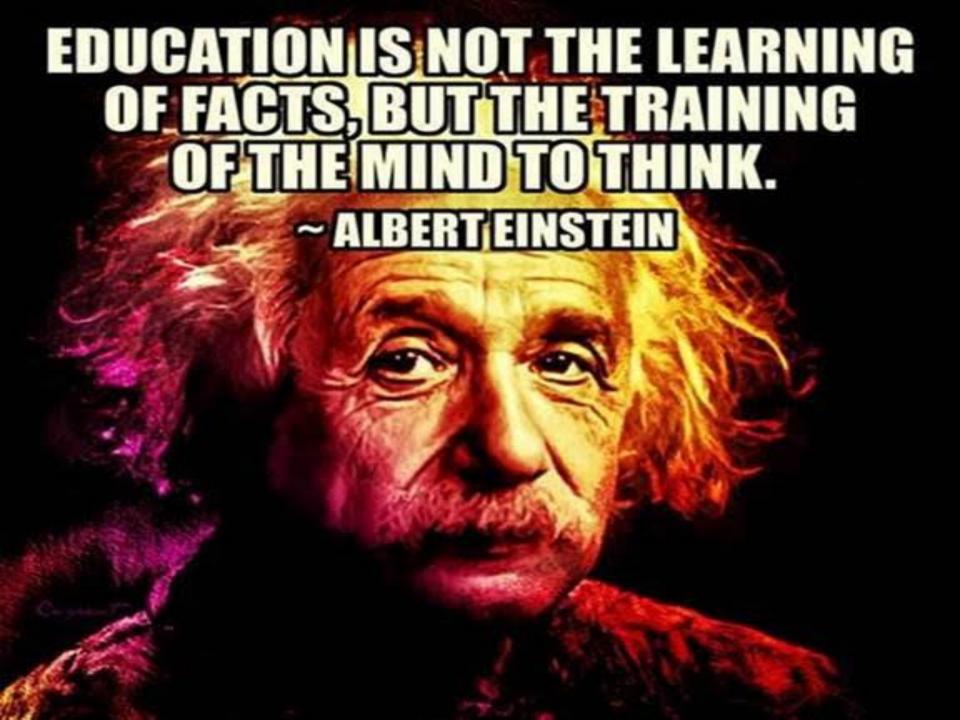




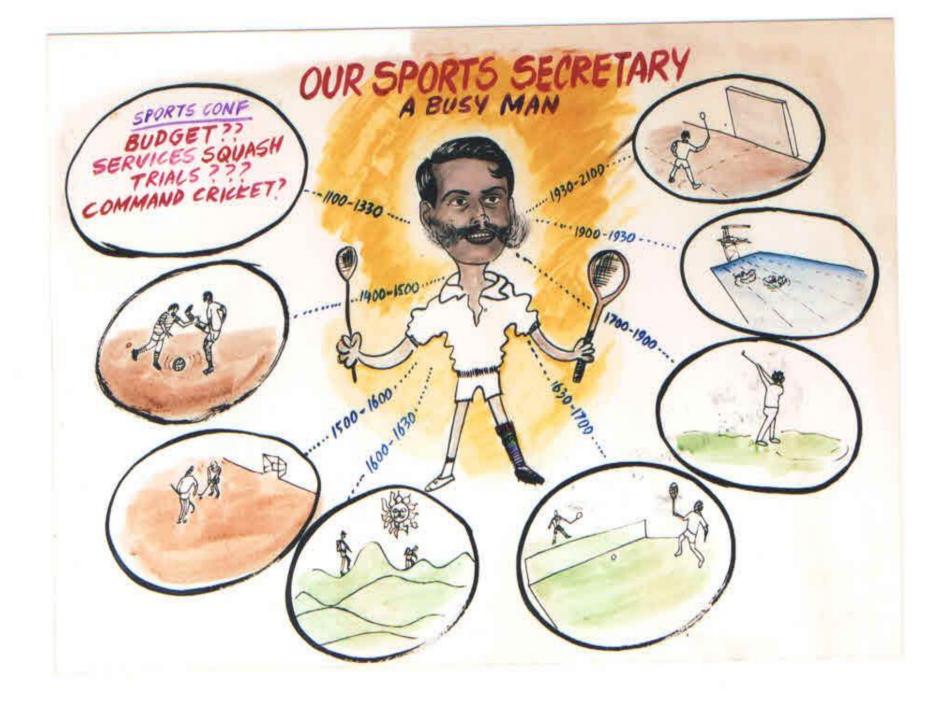
Our Education System

"Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid."

- Albert Einstein







What is God?

God is Worship God is Faith I say ,God is agony ...

Madhura Bhide

What is God?

God is the Creator God is Destroyer I doubt the existence of god !!!

Vishal Kumar

What's God? For me the two who created me are GOD!!

- Deepanshu Sharma

What is God? God is everywhere... God has no existence...

— Ayaz Ali



